



**Testimony of Marina Morozkina
(doctor).
Application of the methods
of Grigori Grabovoi
to restore health.**

Hello to everyone! My name is Marina Morozkina.

I have a medical degree and previously worked as a physician. At present, I am a lecturer/consultant at the Education Center for Grigori

Grabovoi's Teachings Training in Serbia.

When working as a physician, I was always aware that giving sick people medical treatment alone is only half of what doctors are able to do in terms of helping them, considering the enormous amount of knowledge about the structure and functions of the human body that they receive during their medical school training. The other half, which I think is very important, is to explain to a person the root cause of his health problem, including spiritual cause, and then help him become an active equal contributor to the process of his restoration, of his recovery. My understanding is that a physician, having cured a patient, must teach him to maintain the norm of his health as long as possible.

According to the Teachings of Grigori Grabovoi, "... in the spiritual approach, there are no incurable diseases in principle. Any disease can be seen as a consequence of being out of harmony with the World. Therefore, the formula for health restoration from any disease is very simple: one needs to restore harmony with the World."

The Teachings of Grigori Grabovoi opened the path for me, which I've been following for 28 years. The methods of Grigori Grabovoi's Teachings enable restoration of a person's physical body no matter the diagnosis. But these methods are not medicinal. Through the use of Grigori Grabovoi's methods, a person's physical body learns to be and stay healthy, regardless of its initial state and of external conditions.

Learning happens on a logical and spiritual levels. A person's body becomes healthy due to the development of the person's consciousness. It is the state of consciousness that is responsible for the state of a person's health.

Using the methods of Grigori Grabovoi, I attained a good many results of my family's and of my own health restoration. Bringing my body injured as a result of a car accident in 2005, back to normal is a good example.

Owing to Grigori Grabovoi, my mother's health was fully restored. She had been diagnosed with stage 4 cancer.

The third volume of the book *The Practice of Control. The Way of Salvation* includes quite a few testimonies of health restoration by Grigori Grabovoi's methods of people who were diagnosed with stage 4 cancer, and there is even a case of recovery from stage 4 AIDS.

When I began to apply Grigori Grabovoi's methods on my own to restore health, I became certain that his Teachings open the door not just to the feasibility of always staying healthy, the Teachings are the door to immortality.

The methods of concentration of attention with which I was able, within a short time, to bring my health and the health of my family back to normal, enable consciousness to be trained to the extent that at a certain point a person is able to recover in the shortest time. In my practice I witnessed that during control such mishaps as bumps, ligament sprains heal within 15-30 minutes. Generally, due to control, skin injuries practically do not hurt or get inflamed, they heal in record time. Gastrointestinal disorders, sore throat, bronchitis, flu, burns - these are the conditions that my family members and I effectively normalize using Grigori Grabovoi's methods.

The main objective of the methods is control of any events in a creative way, prevention of different kinds of disasters. But a disease is a disaster which occurs in the human body. And by virtue of my profession, it is, of course, this aspect of the use of Grigori Grabovoi's knowledge that is of interest to me, and that is why my testimony is about human health.

I repeat, Grigori Grabovoi always emphasizes that his methods are not medicinal, for "success depends only on a person's creativeness of intentions and on his systemic, ongoing mastering of the knowledge of Grigori Grabovoi's Teachings". So where health is concerned, Grigori Grabovoi suggests that health problems

should be taken care of under a doctor's supervision. A person's primary objective, his primary concern is to be alive and healthy. And if a person is not yet ready to sustain his health by means of spiritual methods, he should do it by the methods generally accepted in our society.

I believe that Grigori Grabovoi's methods open up new possibilities, new perspectives for all healthcare professionals, for a doctor who, in addition to offering conventional treatment to his patients, is also capable of expediting their recovery through spiritual control, can best help his patients and also teach them to maintain their health through their understanding of how the physical body functions from the perspective of its spiritual component.