



**Testimony of Natalya Shvedova  
(dentist).  
Application of the methods  
of Grigori Grabovoi to restore health  
(the paresis of the facial nerve)**

Hello, my name is Natalya Shvedova.

I live in Moscow, in Russia

I have been studying and putting into practice the methods of Grigori Grabovoi for the development of my consciousness for about 12 years.

The use of this knowledge to solve my personal tasks, as well as to study the laws of the World structure, allows me to achieve my goals, develop in different areas, makes life more harmonious.

In my practice there is a great clinical example of the recovery from the paresis of the facial nerve.

My relative suffered from an acute respiratory viral infection, developed into the inflammation of the middle ear.

He had to take a flight by plane on 20th September 2013. When pressure changed during landing, he had felt pain in the ear, and few minutes later, I had noticed the change in his face, solid asymmetry.

There was a drop of his left corner of the mouth, nasolabial fold smoothed, left lower eyelid lowered, tearing from the left eye, left eye was not closing completely.

When I asked him to inflate his cheeks, to stretch his lips into a tube, he could not do these things.

All these symptoms corresponded to the clinical symptoms of facial paresis.

I had started the control work with number sequences from the book "Restoration of matter of human body by concentration on number sequences". A week later, on September 27, 2013, his eye began to close, the water stopped pouring from the mouth during eating and drinking.

And after 10 days, on 30th September 2013, he had to fly back, by then, there were no longer any deviations from the norm.

My relative went through the flight back normally. And I had a feeling that the information of this disease was completely erased from my relative's consciousness.

Because he had simply forgot those symptoms. When I had described them, he was surprised that it was so. This is my measure for the absence of the information of the disease.

And it is on this measure I rely on, to determine, that there is not only just a relief from pain, but a recovery.