



**Testimony of Natalya Shvedova
(dentist)
Application of the methods
of Grigori Grabovoi in professional
activities.**

Hello, my name is Natalya Shvedova.
I live in Moscow, Russia.

I have been studying and putting into practice the methods of Grigori Grabovoi for the development of my consciousness for about 12 years.

The use of this knowledge to solve my personal tasks, as well as to learn the laws of the world order allows to achieve goals, develop in different areas of life, including professional.

I work as a dentist. Was introduced to the methods of Grigori Grabovoi more than 12 years ago, I immediately became interested in the possibility of using these methods in my professional activity.

I understood that, a person, by keeping his healthy image in his mind, can influence the state of his health both by certain parameters, for example, restoration of the dental-maxillary system, and the whole organism.

Imposing the image of the norm on the image of a person, I perceive him healthy.

Or immediately perceive the image of the patient through the image of the norm of his health.

Conducting dental treatments according to the protocols, while applying the methods of developments of consciousness, I have noticed that, the tissue regeneration in my patients happens faster, less side effects from the use of medications are observed, patients can more easily tolerate long-term treatments.

And one of the cases had confirmed, that the use of the methods of Grigori Grabovoi makes the work of a doctor more effective.

As an example, I want to cite a clinical case when, due to the patient's strong fear of dental treatment, I could not manage to achieve the desired depth of anesthesia.

And I had to do anesthesia 3 times.

After which, patient ceased to feel pain. But such 3-fold anesthesia can lead to the development of some complications, such as, the limitations of mouth opening.

Unfortunately, in this case I was faced with this complication.

During my examination of the patient, I have detected the limitation of opening the mouth, then, I sent him to have physiotherapy treatment, which is prescribed in such cases.

I began to apply technologies of the Teachings of Grigori Grabovoi and already within few days there was a considerable relief.

Patient informed me about this relief, however, after an objective examination, I myself could see this progress.

As it turned out, patient did not receive any physiotherapy. After dental appointment he felt better and decided not to go to the physiotherapy room.

2 weeks later, when I met this patient again, he had no complaints.

After this incident, I began to use these methods more often before the start of the medical procedures, during the initial examination or when a treatment plan was drawn up.

This approach proved to be optimal.

The use of these methods during treatments of patients with a strong fear, helps to calm the patient down, helps to achieve a positive attitude of the patient towards the treatment and towards the successful outcome of the treatment.

Makes the whole treatment process more comfortable.

It is the prevention of side effects from drugs and complications.

Promotes optimal regeneration results in a shorter time than usual.

For example, with directed regeneration, when granulation tissue, which appeared as a result of inflammation, it is necessary to replace with healthy bone tissue.

Thus, applying the methods, I expand and strengthen the possibilities of providing dental treatment.